

<b>Co-Occurring</b> <i>p. 37-98</i>	<b>Relapse Prevention</b> <i>p. 223-261</i>	<b>Alcohol &amp; Drugs</b> <i>p. 19-27</i>	<b>Life Skills</b> <i>p.131-178</i>	<b>Relationships</b> <i>p. 209-222</i>	<b>Family</b> <i>p. 274-279</i>	<b>Spirituality</b> <i>p. 201-207</i>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation	6:30 - Wake up Breakfast & Vitals 7:00 Work therapy Personal meditation
7:30 Goals Groups	7:30 Goals Groups	7:30 Goals Groups	7:30 Goals Groups	7:30 Goals Groups	7:30 Goals Groups	7:30 Goals Groups
8:00 House meeting	8:00 House meeting	8:00 House meeting	8:00 House meeting	8:00 House meeting	8:00 House meeting	8:00 House meeting
8:30 Psychoeducation	8:30 Psychoeducation	8:30 Psychoeducation	8:30 Psychoeducation	8:30 Psychoeducation	8:30 Psychoeducation	8:30 Chapel/BB
10:00 Small group	10:00 Small group	10:00 Small group	10:00 Small group	10:00 Small group	10:30 AA meeting	10:30 Lecture/Group
Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Brunch 11:30
12:15 Level 1 group	12:15 Level 1 group	12:15 Level 1 group	12:15 Level 1 group	12:15 Level 1 group	12:15 1st steps	12:15 1st steps
					12:00 - 3:30 Fam. Prog	
1:15 Lecture/Group	1:15 Break out group	1:15 Lecture/Group	1:15 Break out group	1:15 Lecture/group	1:15 Lecture/Group	1:15 Lecture/Group
2:30-4:30 Recreation Co-ed yoga	2:30-4:30 Recreation	2:30-4:30 Recreation	2:30-4:30 Recreation	2:30-4:30 Recreation Co-ed yoga	Visitation 2:30 - 4:30 2:30-4:30 Recreation	Visitation 2:30 - 4:30 2:30-4:30 Recreation
4:45 Dinner	4:45 Dinner	4:45 Dinner	4:45 Dinner	4:45 Dinner	4:45 Dinner	4:45 Dinner
6:00 PAWS/ 1st steps	6:00 1st steps	6:00 1st steps	6:00 PAWS/ 1st steps	6:00 1st steps	6:15 BB/Bible	7:15 Game night
7:15 AA COED	7:15 CA COED	7:15 NA COED <i>Rotates weekly</i>	7:15 HA COED 1st Thursday Alumni	7:15 Alumni Speaker 8:00 Pizza	7:00 Pizza 7:30 Movies	
Phones 8:00-9:00	Phones 8:00-9:00	Phones 8:00-9:00	Phones 8:00-9:00	Phones 8:00-9:00	Phones 8:00-9:00	Phones 8:00-9:00
9:15 Meditation	9:15 Meditation	9:15 Meditation	9:15 Meditation	9:15 Meditation	9:15 Meditation	9:15 Meditation
10:00 In rooms	10:00 In rooms	10:00 In rooms	10:00 In rooms	10:30 In rooms	10:30 In rooms	10:00 In rooms
10:30 Lights Out	10:30 Lights Out	10:30 Lights Out	10:30 Lights Out	11:00 Lights out	11:00 Lights out	10:30 Lights Out

**Medication Calls: 8:00 am, 1:00 pm, 5:00 pm, 9:00 pm    Group & 1:1's take priority over rec schedule.**

**Smoking Closes 30 min before Lights out**

*\*Art therapy, acupuncture and Yoga may be available during weekday recreation times. Ask staff for more details.*

Unscheduled times may be used for 1:1 therapy.

11/1/2017