

CALVARY ADDICTION RECOVERY CENTER * PROGRAM SCHEDULE *

****ALL SCHEDULES ARE SUBJECT TO CHANGE****

Traditional & Christian Tracks are combined unless otherwise indicated.

CT = Christian Track

TT = Traditional Track

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - Wake up Breakfast & Vitals 6:30 - Work therapy	6:00 - Wake up Breakfast & Vitals 6:30 - Work therapy	6:00 - Wake up Breakfast & Vitals 6:30 - Work therapy	6:00 - Wake up Breakfast & Vitals 6:30 - Work therapy	6:00 - Wake up Breakfast & Vitals 6:30 - Work therapy	6:30 - Wake up Breakfast & Vitals 7:00 - Work therapy	6:30 - Wake up Breakfast & Vitals 7:00 - Work therapy
7:00 Devotions (CT) 7:00 Meditation (TT)	7:00 Devotions (CT) 7:00 Meditation (TT)	7:00 Devotions (CT) 7:00 Meditation (TT)	7:00 Devotions (CT) 7:00 Meditation (TT)	7:00 Devotions (CT) 7:00 Meditation (TT)	7:30 Devotions (CT) 7:30 Meditation (TT)	7:30 Devotions (CT) 7:30 Meditation (TT)
7:20 House Meeting 7:45 Lecture	7:20 House Meeting 7:45 Lecture	7:20 House Meeting 7:45 Lecture	7:20 House Meeting 7:45 Lecture	7:20 House Meeting 7:45 Lecture	7:50 House Meeting 8:15 Lecture	7:50 House Meeting 8:15 Chapel/BB
8:45 Medication call 10:00 Small group	8:45 Medication call 10:00 Small group	8:45 Medication call 10:00 Small group	8:45 Medication call 10:00 Small group	8:45 Medication call 10:00 Small group	9:15 Medication call 10:30 AA meeting	9:15 Medication call 10:30 Lecture/Group
Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Lunch 11:30	Brunch 11:30
<i>*12:15 Outdoors 7 days/week</i> Phones 12:00-1:00	Phones 12:00-1:00	Phones 12:00-1:00	Phones 12:00-1:00	Phones 12:00-1:00	12:00 - 3:30 Fam. Prog Phones 12:00-1:00	Phones 12:00-1:00
1:00 Lecture Men's Gym 2:30	1:00 Lecture Women's Gym 2:30	1:00 Lecture Women's Gym 2:30	1:00 Lecture Men's Gym 2:30	1:00 Lecture Women's Gym 2:30	1:00 Lecture/Group	1:00 Lecture/Group
Co-ed Yoga 3:30 2:30-4:30 Recreation	2:30-4:30 Recreation	Men's Gym 3:30 Accupuncture 2:30-4:30 Recreation	2:30-4:30 Recreation	Co-ed Yoga 3:30 2:30-4:30 Recreation	<i>Visitation 2:30 - 4:30</i> Open phones 2:30-4:30 Recreation	<i>Visitation 2:30 - 4:30</i> Open phones 2:30-4:30 Recreation
Dinner - 4:30	Dinner - 4:30	Dinner - 4:30	Dinner - 4:30	Dinner - 4:30	Dinner - 4:30	Dinner - 4:30
6:00 BB/Bible 7:00 AA meeting COED Phones 8:00-9:00 In Rooms 10:00 Lights Out 10:30	6:00 BB/Bible 7:00 CA meeting Phones 8:00-9:00 In Rooms 10:00 Lights Out 10:30	6:00 Chapel / BB 7:00 PA meeting Phones 8:00-9:00 In Rooms 10:00 Lights Out 10:30	6:00 BB/Bible 7:00 AA meeting 1st Thursday Alumni Phones 8:00-9:00 In Rooms 10:00 Lights Out 10:30	6:00 BB/Bible 7:00 CMA meeting Pizza 8:00 Phones 8:00-9:00 In Rooms 10:30 Lights Out 11:00	6:00 BB/Bible Pizza 7:00 7:30 Movies Phones 8:00-9:00 In Rooms 10:30 Lights Out 11:00	7:00 HA meeting Phones 8:00-9:00 In Rooms 10:00 Lights Out 10:30

Medication Calls: 8:45 am, 12:30 pm, 5:00 pm, 9:00 pm Group & 1:1's take priority over rec schedule.

Smoking Closes 30 min before Roomtime

** Art therapy, acupuncture and Yoga may be available during weekday recreation times. Ask staff for more details.*

Unscheduled times may be used for 1:1 therapy.

9/2/15